

# Barracuda Swim Team 2012 Swim Season Registration Packet



Dear Parents and Swimmers,

Welcome to the 2012 Swim Season! All of the swim team coordinators are excited about the upcoming season and look forward to working with you.

We have 3 primary goals. First, we want to provide the swimmer with the best coaching staff possible. Secondly, we want all of the swimmers to improve their swimming, specifically the form of their strokes. It is nice to come in first place but it is more important to see continuous improvement in their times and strokes. And lastly, we want everyone to have fun!!

Our main communication vehicles will be e-mail, on-line RSVPs at <http://barracudas-bwbcscswim-team.us/>, and our swim team web page at [www.BWBC.net](http://www.BWBC.net). If you have any questions, please feel free to contact me or any of the other coordinators or coaches using the information below.

Here is to a great swim season!! Lisa Hutson [Lisahutson@bellsouth.net](mailto:Lisahutson@bellsouth.net) Thank you to our sponsors!



## New starting blocks – ready for an encore!



Thanks to our very generous blocks sponsors and Barracuda family donations last summer. We did it!!!



## Swim Team Coordinators

**Lisa Hutson**

404-213-2289 (m)

Lisahutson@bellsouth.net

**Jack Morford**

404-291-6443 (m)

jack.morford@emoryhealthcare.org

**Stephanie Hull**

(770) 309 - 5315

barracudaswimteam@gmail.com

## Barracuda Swim Team Coaching Staff

### Swim Team Coaches

**Zack Schreer**

z.schreer@gmail.com

Head Coach

**Melanie Wagner**

Melaniewagner2@gmail.com

Assistant Coach

**Sam Armour**

samacw@gmail.com

Assistant Coach

- We are very excited to welcome **Zack Schreer** back as **Head Coach**. He is a math teacher at Pope High School in Cobb County and also coaches the swim team and water polo team there. Zack swam competitively for 17 years. While at Georgia Tech, Zack held 4 individual team records (50, 100 and 200 back and 100 fly) and 3 relay records (200 medley, 400 free and 800 free). This is his 6th season with the Barracudas.
- **Melanie Wagner, Assistant coach**. Melanie is a long-time Barracuda - she has been a part of the team since she was seven years old, and has been coaching since she was 16. This Fall, Melanie is excited to kick off her first year as an elementary or middle school teacher. A graduate of UGA's journalism school and Emory's Master of Arts in Teaching program, Melanie now spends her time running and swimming on Emory's Masters Swim Team. This is her 18th season with the Barracudas!
- **Sam Armour, Assistant coach**. Sam is a member of Lakeside High School's National Honors Society, Drama Club, Water Polo Team and Swim Team. Sam has been with the Barracudas since the age of six and has been a coach in training for the past two years.
- **Coaches in Training and Big 'Cudas**—They will be instrumental in supporting the "Little 'Cudas" program, assisting with 6 & under practices and on-going coach support. These Barracudas will continue to swim competitively for the team but take on new responsibilities alongside the coaches.

## Private Swim Lessons

Private Swim Lessons Available from Coach Zack, Coach Melanie, and Coach Sam. Rate is \$20/half hour. Private swim lessons are not required, just an option if you are interested.

Contact coaches about lessons at:

Zack – z.schreer@gmail.com

Melanie – melaniewagner2@gmail.com

Sam – samacw@gmail.com

## Swim Team Stuff for Sale

Barracudas Tie Dye T-shirts - \$22  
Barracudas replacement swim caps - \$10  
Barracuda car magnets - \$5  
Barracuda Towel - \$25  
Barracuda hooded sweatshirt - \$28  
Barracuda cinch sack (pool bag) - \$18

## Equipment

### Swim Suits

Our official swim suit is Nike color block Blk/Red 915 (for girls 10 and under) and/or a Speedo Flyback Endurance (for girls 11 and up). Also the Nike color block jammer Blk/Red 915 (boys). Suits can be purchased on sign-up day. Also, suits can be purchased by visiting our website, [www.bwbc.net](http://www.bwbc.net), go to "swim team" tab, then "Barracuda" tab, and clicking on the link under "swim suits" to order directly. Or you can call our team rep, Terry Gill at 770 479-9655 (press option #3 ) or email Terry@swimshop1.com. The official swim suit is not a requirement. However, jammers/briefs are required for boys (no swim trunks) and a one piece suit is required for girls (no two piece suits). If you do not buy a Nike color block jammer, please buy something in black to stay consistent with the rest of the team.

### Swim Caps

We encourage all swimmers to wear swim caps while swimming at all times. Barracuda swim caps will be provided for all swimmers at registration. Replacement caps are \$10.00.

### Goggles

Each swimmer is responsible for buying their goggles. Goggles are recommended for all practices and meets. If you are struggling on which goggle is best, the coaches recommend Speedo, Jr. HydrospeX

## Volunteer Assignments

You can choose from a variety of volunteer opportunities and there will be a sign up sheet and job descriptions available at registration. Please sign up for a minimum of 3 slots per season...but there is no limit if you'd like to do more.

### Posting/Changing of Volunteer assignments:

Volunteer assignments will be posted on the BWBC web page, [www.BWBC.net](http://www.BWBC.net), to change your volunteer assignment, please e-mail Melanie Stockwell at [Melaniestockwell@bellsouth.net](mailto:Melaniestockwell@bellsouth.net) . If you have signed up to be a **bull pen volunteer**, please contact **Tracey Klein** at [Traceyklein@gmail.com](mailto:Traceyklein@gmail.com) or **Stephanie Hart** at [Stephaniehart@gmail.com](mailto:Stephaniehart@gmail.com) ASAP.

# Swim Meet Calendar

<b>Monday, May 7<sup>th</sup></b>	Swim Practice begins – BWBC pool; Afternoons only
<b>Tuesday, May 22<sup>th</sup></b>	Mock Meet – at BWBC – Age group times TBD later
<b>Tuesday, May 29<sup>th</sup></b>	Dual Meet 1; <b>BWSG vs. Twin Lakes - HOME</b> Swimmer Reporting Time – Check in no later than <b>4:40 pm</b> ; Meet Start Time 6:00 pm
<b>Tuesday, June 5<sup>th</sup></b>	Dual Meet 2; <b>BWSG vs. at Clairmont (Emory) - AWAY</b> Swimmer Reporting Time - Check in no later than <b>4:40 pm</b> ; Meet Start Time 6:00 pm
<b>Tuesday, June 12<sup>th</sup></b>	Dual Meet 3; <b>BWSG vs. at Leafmore - AWAY</b> Swimmer Reporting Time - Check in no later than <b>4:40 pm</b> ; Meet Start Time 6:00 pm
<b>Tuesday, June 19<sup>th</sup></b>	Dual Meet 4; <b>BWSG vs. – at Venetian - AWAY</b> Swimmer Reporting Time - Check in no later than <b>4:40 pm</b> ; Meet Start Time 6:00
<b>Tuesday, June 26<sup>th</sup></b>	Dual Meet 5; <b>BWSG vs. – Echo Ridge - HOME</b> Swimmer Reporting Time - Check in no later than <b>4:40 pm</b> ; Meet Start Time 6:00
<b>Saturday, June 30<sup>th</sup></b>	<b>County Prelims</b> –Time TBA; Emory University Indoor Pool
<b>Sunday, July 1<sup>st</sup></b>	<b>County Finals</b> –Time TBA; Emory University Indoor Pool
<b>Sunday, July 15<sup>th</sup></b>	<b>Awards Banquet</b> – Time 5:00 pm; BWBC Clubhouse
<b>July 20-21<sup>st</sup></b>	<b>GPRA State meet</b> will be held in Carrollton, GA



## 2012 Practice Schedule

May 7 - May 24 All practices at BWBC, after school			
Days	Group	Time	
Monday- Thursday	Beginning (6 & under)	4:30 – 5:00	BWBC
	Intermediate (7 to 10 years old)	5:00 – 6:30	BWBC
	Advance (11 & older)	6:00 – 7:30	BWBC
Monday, May 28 – Friday, Jun 29 Morning practices at BWBC; Afternoon practices at Sagamore			
Monday	Intermediate (7 to 10 years old)	8:40 - 10:00	BWBC
	Advance (11 & older)	9:40 – 11:00	BWBC
	Beginning (6 & under)	11:00 – 11:30	BWBC
	Intermediate (7 to 10 years old)	4:40 – 6:00	Sagamore
	Advance (11 & older)	5:40 – 7:00	Sagamore
	Beginning (6 & Under)	4:30 – 5:00 pm	Sagamore
Tuesday	Intermediate (7 to 10 years old)	8:40 - 10:00	BWBC
	Advance (11 & older)	9:40 – 11:00	BWBC
	Beginning (6 & under)	11:00 – 11:30	BWBC
Wednesday	Intermediate (7 to 10 years old)	8:40 - 10:00	BWBC
	Advance (11 & older)	9:40 – 11:00	BWBC
	Beginning (6 & under)	11:00 – 11:30	BWBC
	Intermediate (7 to 10 years old)	4:40 – 6:00	Sagamore
	Advance (11 & older)	5:40 – 7:00	Sagamore
	Beginning (6 & Under)	4:30 – 5:00 pm	Sagamore
Thursday	Intermediate (7 to 10 years old)	8:40 - 10:00	BWBC
	Advance (11 & older)	9:40 – 11:00	BWBC
	Beginning (6 & under)	11:00 – 11:30	BWBC
	Intermediate (7 to 10 years old)	4:40 – 6:00	Sagamore
	Advance (11 & older)	5:40 – 7:00	Sagamore
	Beginning (6 & Under)	4:30 – 5:00 pm	Sagamore
Friday	Intermediate (7 to 10 years old)	8:40 - 10:00	BWBC
	Advance (11 & older)	9:40 – 11:00	BWBC
	Beginning (6 & under)	11:00 – 11:30	BWBC

## Parental Supervision at Swim Practices

There will be lifeguards and coaches present during all swim practices. Team members will still have to follow the pool rules from each of the hosting pools. **A swimmer under 10 must be accompanied by adult.** As with all pool visits, one adult can accompany multiple children under 10.

## Stroke Clinic

There will be an optional swim team stroke clinic held on **Saturday, May 12, from 1:00 – 4:00 pm.** Ages 7 and up. The cost is \$15 per swimmer. The stroke clinic is designed to have the coaches teach and refine stroke techniques in each stroke, work on flip turns, and demonstrate one-on-one correct stroke form on the heels of the first week of practice. This is not required but highly recommended and beneficial.

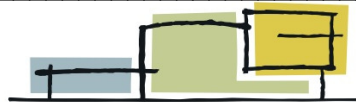
## Little 'Cudas program – for those not quite ready for swim team

Designed for 3 - 6 year olds who are not quite ready for the full swim team experience but might be interested for next year, this feeder program will focus on creating a comfort level in the water, floating, freestyle and backstroke swim techniques, breathing while swimming and an overall introduction to swimming with and as part of a team. The cost is \$65.00 payable to BWBC.

The practices would be Mon., Wed., and Fri., starting from Wednesday, May 30 – Friday, June 22, from 11:00 – 11:30 am, with the mini-meet date on Monday, June 25 with balloons and ribbons.

## Swim team Sponsors:

Thank you to our sponsors for their support:



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